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AWARENESS

BREAST
RECONSTRUCTION

HAIR
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NIGHT OUT!

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AUGMENTATION
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NEWS HAIR

HAIR RESTORATION WITH BETTER RESULTS AND LESS SCARRING

BY AMANPREET DHAMI

If the man in your life has considered hair restoration, but shied away from it because of the mixed results seen in growth after transplants and the scars and patchy areas often left behind, we have some news in store for him! Artas (artashair.ca.), a new robotic system, increases efficiency when taking hair from a patient's scalp during hair restoration procedures, resulting in more successful implants and fuller hair growth. He will feel young again, and chances are you'll think he's more handsome.

HOW DOES ARTAS WORK?

The Artas system begins with follicular unit extraction by digitally mapping the patient's scalp area. The image technology then identifies each follicular unit available to be harvested. What's even better is that it continually adjusts for patient movement, therefore limiting the possibility of human error during the process. Then the robotic arm carefully



harvests each graft from the site, which are each then artistically implanted into the balding areas for natural-looking hair growth.

HOW IS ARTAS DIFFERENT?

Artas' computerized digital mapping allows your partner's doctor to calculate critical hair follicle characteristics, which means there will be more successful graft dissections from the scalp. The digital mapping also ensures optimal spacing between the harvested sites so the patient's donor site maintains a natural appearance, instead of an undesired uneven or patchy result. Plus, the dissected grafts from the scalp have protective tissue surrounding them, making them healthier, ready for direct implantation and more likely to result in richer hair growth post procedure.

RESULTS Artas implant results are seen at the same rate as when done with other implant techniques.

DOWNTIME Although patients can return to their routines immediately after a session, after about one week the donor area on the scalp is fully healed and harvesting is undetectable.

SIDE-EFFECTS Minimal scarring to the harvesting site.



DID YOU KNOW?

3 per cent of the hair shaft is composed of fatty acids like omega-3 that your body is unable to produce. Eat up avocados, walnuts, pumpkin seeds and fish for strong hair and a healthy scalp.



GET PUNKY!

Pull back your hair from your face without the worry of damaging your hair or ruining your blowout with these eight no-tug and no-crease Sephora Pretty in Punk Collection Fishnet Hair Ties (\$10, from Sephora and sephora.ca). The trendy colours and pattern will have your pony making a style statement.



40%

TO 50 PER CENT OF MEN AND WOMEN WILL SUFFER FROM HAIR LOSS BY AGE 50.

—CANADIAN HAIR TRANSPLANT CENTRE AND THE INTERNATIONAL SOCIETY OF HAIR RESTORATION SURGERY

PHOTOS: THINKSTOCK, JOSEPH SARACENO